

The Citizens' Report to Congress

Produced by the St.Lucie River Initiative
Committed to returning the St. Lucie River & Estuary
to health & productivity through public & private action.



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• Curtis and Edith Munson Foundation

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1995: A PLEA TO CONGRESS

We represent a large and growing coalition of business leaders and environmentally concerned citizens, government, and civic interests who seek your help in repairing grave environmental damages to the St. Lucie Estuary in the Indian River Lagoon. These damages are caused by four major federally-built canals which drain into the Estuary and Lagoon.

The canals bring devastating deluges of fresh water and sediments during the rainy season, but provide no water at all during the dry season. As a result, our Estuary and Lagoon are stressed to the point that the aquatic life can no longer survive. The food chain is being destroyed: The seagrasses have died, the oysters have died, the clams have died, and the ducks no longer winter here. This is bad for our environment, and bad for the local economy. That is why our unusual coalition of interests is appealing to you for immediate help.

You, the Congress, have authorized the Army Corps of Engineers to revisit the Central and Southern Florida Flood Control Project. This step is one in the restoration of the Everglades and Florida Bay, and it offers hope for our own Estuary.

In its Reconnaissance Report to Congress, the Corps has identified four potential remedies that are crucial to the recovery of the St. Lucie Estuary and the Indian River Lagoon. Two of these projects would end the practice of dumping excess fresh water in our Estuary, which causes environmental and economic havoc. These waters would instead be diverted inland, to make more fresh water available to the Everglades and for release to the Estuary in the dry season when it is desperately needed. The other two projects would begin to properly manage the sediments and ooze that accumulate because of canal discharges, rather than allowing them to continue to smother the aquatic life at the bottom of the Estuary.

We need your help! On behalf of our community, we urge you to support the Army Corps of Engineers projects for the St. Lucie Estuary and Indian River Lagoon to correct the environmental damages done by the old CSF Flood Control Project. We are doing our part at the local, regional, and state levels to better manage water, but the largest scale problems and solutions are beyond local and state resources. We must have federal help.

Our economy, our future, and our children's future depend on a stable and productive estuary. Please help us correct the grievous wrong that has been done so we can all look forward to a sustainable future based on a healthy ecology.

Sincerely,

F.D. "Bud" Jordan, President St. Lucie River Initiative, Inc.

1991

The birth of the St. Lucie River Initiative business, conservationists and civic groups working together

Mission

St. Lucie River Initiative, Inc.

The mission of the St. Lucie River Initiative, Inc., is to press four programs to completion:

- Ooze: Removal of the significant accumulations of flocculent ooze in the two Forks and Middle Estuary of the St. Lucie River to the extent that dissolved oxygen in the water column remains above 5.0 ppm within one foot of solid substrate.
- Canalwater pollution: Regulatory adoption of a program for all major canals, singly and together, which controls the quantity and quality of canalwater discharge to the Estuary so that the overall freshwater inflow is as sensitive to a healthy ecology of the Estuary as it is to drainage for uplands.
- Stormwater management: Implementation of stormwater quality control measures (best management practices) in urbanized and agricultural areas now lacking such measures within the jurisdictions of Stuart, Martin County, Port St. Lucie, Fort Pierce, and St. Lucie County, with permanent funding for maintenance.
- 4. Water quality: Adoption of water quality standards for all freshwater discharges into any conveyance to the St. Lucie River, which standards can be reasonably monitored and promptly enforced in the event the receiving waters are degraded.

When these programs or their equal in practical effect are implemented, the mission of the St. Lucie River Initiative, Inc., is complete and the group will disband.

Community Support

Florida League of Anglers Treasure Coast Builders Association Martin County GOP Executive Committee Democratic Party of Martin County **Ducks Unlimited of Florida** Fort Pierce Sportfishing Club Stuart Sailfish Club Men's Garden Club of Martin County Port St. Lucie Anglers Club Florida Engineering Society, Treasure Coast Greater Martin County Board of Realtors Stuart/Martin County Chamber of Commerce Palm City Chamber of Commerce City of Stuart City of Port St. Lucie Martin County Commission St. Lucie County Commission Martin County Conservation Alliance Stuart Rotary Club Friends from Jupiter Island Martin County Business Development Board Martin County Economic Council Florida Zero Population Growth Port Sewall's Property Owners LEADERSHIP Martin County Alumni Marine Industries Association, Treasure Coast Sunset Estates Property Owners Manatee Pocket Advisory Committee Martin County Audubon Society Treasure Coast Regional Planning Council

Corporate Underwriting

Mobil Land Development Corp. First National Bank Outboard Marine Corporation Barnett Bank Armellini Express Lines Florida Power & Light

Foundation Underwriting

Elizabeth Ordway Dunn Foundation Curtis & Edith Munson Foundation Francis Langford Foundation



WITNESS TO BETTER TIMES: A long-time resident remembers

Palm City, Florida August 29, 1994

Mr. Bud Jordan Stuart, Florida

Dear Mr. Jordan:

I was born in a home that fronted the South Fork of the St. Lucie River. I played and swam in the river before the opening of the St. Lucie Canal. The clear water and sandy river bottom made it possible to watch the fish bite one's hook. If the fish was an unwanted one, the line would be moved.

The inhabitants of the river were many and varied: sailor's choice, sheephead, mangrove snapper, mullet, toadfish, pompano, flounder, crabs, horseshoe crabs, hermit crabs, fiddler crabs, land crabs, sting rays, sand sharks, jelly fish, alligators, manatee (we called them sea cows) trout, oysters.

The water was brackish to south of the Palm City Bridge. When the St. Lucie Canal opened the river began to change, but the greatest change came with the opening of the other canals, 23, 24, etc. and drainage directly into creeks, (with land development) that flows to the river.

This change has come about since about 1917. I know from experiencing it.

Virginia Dyer Brock

Who Is The St. Lucie River Initiative?
Why Are All These Organizations United?
See page 19 for answers

THE STUART (Fla.) NEWS Thursday, April 13, 1961

AR THE STUART (Pla) NEWS Thumber, April 15, 1961

The Battle for Clean Rivers Continues AND YOUR HELP IS NEEDED TO WIN IT!

SUBSCRIBE

TO THE

RIVERS LEAGUE

FOR 1961

ATTEND THE ANNUAL ELECTION MEETING
8 P. M., FRIDAY, APRIL 14
AT MARTIN COUNTY COURTHOUSE

Martin County Is Gaining Ground and Making Progress!

While the Taxpayers Suit Against the FCD has not yet been decided, our complaints are now being recognized and Funds have been Alloted by Congress for a Comprehensive Survey of our Problems by the U. S. Corps of Engineers.

Annual Report St. Lucie-Indian Rivers Restoration League:

The League has continued its offices during the peat two years to contact peat-more managing to our natural resources.

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The League was chartered as a nonprofit perpenation on October 20, 1990

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congret works on these canals are better designed to retailed silk than on St. Lacie Canal.

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Our Congressional delegation, particularly Source Speciard L. Holland, is at last stoing the surfaceases of ourpight and his been constructively helpful in arranging the Engineer Corps survey of our situation.

A present accomplishment spanninged by the League is a plenge by Representative W. R. Soom that he will introduce legislation to prevent the sale of publicity cannol, except it was referreduce, except it appointed by public referenduce.

On all fronts we will continue to Tight to clear up one rivers and stop their pollating, supporting all measures for graient communities, including the graving problem of heach erosion.

Your continued morehously and fisancial support are visal to the Langue's second.

ROWERT T. BARR, Persident

We Heartily Support and Endorse the Recommendations of

MARTIN COUNTY WATER CONSERVATION COMMITTEE

in the *Study und Report which it prepared at the request of MARTIN COUNTY BOARD OF COMMISSIONERS ON

DAMAGES TO COASTAL COMMUNITIES

FROM

CENTRAL AND SOUTHERN FLORIDA FLOOD CONTROL OPERATIONS

Below is a Summary of this 10,000 word report, which has been mailed in its entirety at the direction of Marcin County Commission to Governor Farcis Bryant, the chairman of the Flood Control District, our South Florida Congressional contingent, the Corps of Engineers and others in position to help solve our water problems.

"At the request of the Public Works Core of the U. S. Corp of Figures were U. S. Corp of Figures to the U. S. Corp of Figures to not revised the Control and Southern Phresis Paula Control program to describe the Improve and Production of Improve and Production of Improve and Production of Improve which were largely owning from report on Corabi and Southern Person of A. Berkell and Southern Person (A. Berkell and Southern (A. Berkel

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The Corps and PCD actions ledge the descripts is consequential to the Despire's Floral Control operations, but their previous as distude his been that 'Disk is an unfortenest case where some people are demanded unavoidably in cells to achieve a broader publik benefit."

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This study and report was emoptled by Martie County Water Countyvation Committee, at the request of Martie County Comsistem, so provide a factual analysis gad recognises delicities while the current archestont Englishey Corps survey is policy on

Subscribe and Help Keep Our Rivers Clean!

St. Lucie-Indian Rivers Restoration League

NOTE: This Advertisement Is Not Paid For By The League, But Is Contributed As A Public Service By A Martin County Taxpeyer And Confervationist

3 Generations Of Government Officials Have Told The St. Lucie River To Wait.

In reply to the St. Lucie-Indian Rivers Restoration League's telegram to President Dwight D. Eisenhower

January 21, 1954

"...The Corps of Engineers is cognizant of local interests' view that discharge of fresh water down the St. Lucie Canal has an adverse effect on salt water fishing in the Stuart area. In this connection the district engineer is now making studies to determine the effects on fishing of discharges from the lake with a view to incorporating such appropriate safeguards in the Central and Southern Florida projects as may be economically justified.

You may be assured that this office is exerting every effort to improve conditions on the St. Lucie River as rapidly as possible..."

Signed,

Robert T. Stevens, Secretary of the Army

In 1954, when this lett

In 1954, when this letter was written, local newspaper pioneer Ernie Lyons and dedicated local citizens were fighting to save the St. Lucie River. Within 6 years, the prediction of harm to fishing was fact, and the glory days never returned.

Scientist says fresh water killing lagoon

By Jason Bronis

STUART - It's sough being a class in the Indian

A recent study shows that Inderally mandated flood control releases of fresh water from Lake Oure-chobec are harting the lapton's sea grasses, which serve as a home for claims and other small subwater.

The releases pump the lake's fresh water into the sait water that flews through the lagoon. As the minimum dependence of the sail cantent, the becomes kelled for the creatures that make the lagoon beene. Day Humert, a tenice steenist with the Seight Florida Water Management Dautiet, and the problems.

tem jes in the unusually large amounts of rain the area has had in the past several months.

\"Busically, we've had a wet, dry reason and the we had an above normal wet season." Hagment sain.

said. Part, freatwater sum that surrounding areas empties straight into the lagoon. At the same time the heavy rains have caused Lake Okerchobee to rise to the point of possible flooding, which prompted the singest releases of fresh water from the lake some 1983.

from the take since 1993."

"This story starts back in Jun and jets worse by supplementin the rapolf with lake water release of 2,500 mahic feet per second to look control reasons." Haune

said.

Biologists have measured the salinity of the lagoon at 20 parts per thousand. Hausert says he'll become "very conserred" when lev-

els reach 13 parts per thousand.

Kevin Henderson, Steam's may
or and the co-founder of the St.

Lutin River Initiative, is worned
now. He has been out in the lamon and said the effects of the re-

"I spent some time on the river over the helidays and I was heartbroken." Henderson said. "Upslong the Indian River Lagore and even near the Jensen Busin Causeway, the population of

warm-water fish is gone.
The difference between II pures per librariand and 20 perture thousand, I would suggest a you, as analytical terms is not in

e rains continue, so do

Because the lake still and largerterrice pends to hope to be a flood risk, the fresh water.

to regulate the releases ers more accountable for the lake level does not dethe corps is bound by But the plan would be effective.

together, Henderson said.

"If you look at the way storm we occur, reliance on any one of those out bechnologies is not as reliable as all the there," he said. "Than's the way were occur to act the most most of the said.

we're going to get the most impact for the dollar.

Henderson said his group will pressure the corps and the South Florida Water Management District to implement these changes. Although a permanent solution

and the creations that can a seemiliar to suffer,
"There is more reason for optimizing than there ever has been that we can come up with a cost-efficient of the suffer subulior to the problems in this part of the state." Henderson and. "Although thank all true in therey, when you get out on the

In 1970, Lyons' paper ran a picture of high school students marking the first Earth Day by "burying" the "dead" St. Lucie River -- embodied by an outboard motor in a casket.

In 1994, Lyons is dead, but local citizens-including younger relatives of those
who started the fight in the 1950s and 60s -are carrying on his legacy through the St. Lucie River Initiative.
And government officials still say they're working
to improve conditions "as rapidly as possible"

1995: OUR PATIENCE JUST RAN OUT.
THE WAIT IS OVER. ACT NOW.



From 1917
until the 1960's,
the federal government
built canals in our area
to control floods
& drain land. The
canals work well.

It's the downstream impacts that are causing environmental havoc.

The St. Lucie River is one of the great gems of Florida's eastern Treasure Coast. Its health is tied to marine resources of national importance -- the Atlantic Ocean, the Intracaostal Waterway, and the Indian River Lagoon, one of EPA's Estuaries of National Importance, and the most diverse estuary in the nation.

For decades, this estuary supported a commercial fishing industry and sport fishing that lured five different Presidents to vacation in the area.

This estuary system was supported by the slow natural drainage system of creeks and wetlands in central Martin and southern St. Lucie Counties. The waters were clear and rich in fish and wildlife.

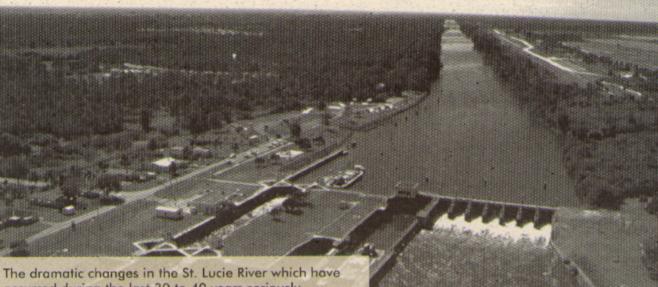
As demand grew for agricultural and residential development, drainage improvements began to create dramatic changes in the ecological balance of this fragile aquatic environment.

In the teens and twenties, the C-44 Canal was dug from Lake Okeechobee to the St. Lucie River. This Canal not only drained western Martin County, it allowed excess drainage through Lake Okeechobee to be diverted via the St. Lucie Estuary to the Atlantic Ocean. In the late 1950s, the C-23 and C-24 Canals were built, to drain more lands in western Martin and St. Lucie counties.

The construction of these drainage canals has drastically altered the natural state, and is the major cause of the decline of the Estuary. These canals threw the river off-balance. In 1991 Congress ordered the U.S. Army Corps of Engineers to reevaluate an old public works project -- the Central and South Florida Flood Control Project -- as part of the restoration of the Florida Everglades. We have a new opportunity to repair damage by major canals in that CSF Project -- the C-44, C-23, & C-24.

THE
DECLINE
OF THE
ST. LUCIE RIVER &
ESTUARY

Can The Decline Be Reversed?
See page 19 for answer



The dramatic changes in the St. Lucie River which have occurred during the last 30 to 40 years seriously endanger a vital resource that contributes significantly to our region's economic growth and quality of life.

An Alarmed Community Seeks Answers

The St. Lucie River Initiative, a private non-profit organization, was formed in late 1991 by a group of concerned business, conservation, and other community leaders, area citizens, and members of the scientific community to prompt faster and more effective action among the numerous agencies, departments and organizations responsible for the protection of this fragile ecosystem.

Founding members of the St. Lucie River Initiative observed that despite all of the research, data, studies, policy statements and permitting requirements, over the past 40 years, the St. Lucie River is in a continuing state of decline.

The fact is that although literally millions of dollars have already been spent studying the problem, our river is getting sicker every day. Already, these negative impacts extend further, to the Indian River Lagoon, and to the reefs in the Atlantic Ocean. Marine resources are now being seriously compromised there as well.

We Can Document the River's Decline

A survey of water depth in the St. Lucie River conducted by the U.S. War Department, dated 1884, can be compared to studies completed by the University of South Florida in 1984.

These studies show heavy filling in at the eastern mouth of the C-44 Canal (St. Lucie Canal) at Palm City. Where the depth was 16 feet 100 years ago, now there are sandbars. Over the last 100 years, the entire river has accumulated an average of 3 to 6 feet of sediment. In addition, many areas of the bottom are layered with a floating, "flocculent" ooze that remains suspended in the water.

These obvious physical changes are related to the river's water quality and overall ecology. Over the last 2 to 3 generations we have literally witnessed the disappearance of many plants and animals that were once common to the St. Lucie River ecosystem.

Major Reasons for the River's Decline:

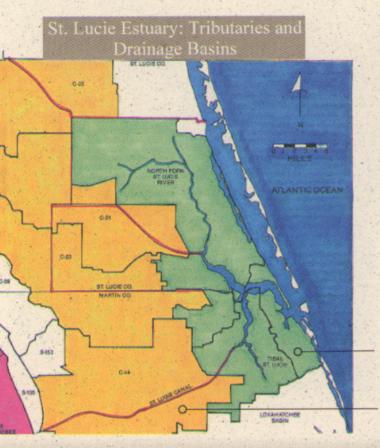
- 1. Major canal construction.
- 2. Poor stormwater management
- 3. Deposits of sediment & ooze that blanket the bottom and smother seagrasses and fish.

Why Focus On Canals?
See page 19 for answer

Stormwater run-off due to coastal development, ombined with the removal of shoreline vegetation, has also played a significant role in the degradation of water quality.

Where to Put the Wet-Season Rains

The pattern of rainfall that we experience in South Florida has a lot to do with the problems we now face. Normally, the months of November through May are relatively dry, followed by the rainy season of June through October. Compounding this cycle, when the ground is already saturated we are most likely to experience hurricanes and tropical storm events. As the demand for agricultural products increased, land owners sought drainage relief from wet season conditions.



Canals Drain Much More Land to the River

The natural drainage basin of the St. Lucie River was much smaller than it is today. The introduction of four manmade drainage canals dramatically altered its size and drainage patterns. From the South, these are: the C-44 which connects the South Fork to Lake Okeechobee; the C-23, which parallels the Martin, St. Lucie County line and empties into the lower North Fork; the C-24, which bisects Port St. Lucie and drains into the upper North Fork; and the C-25 canal drains either directly into the Indian River Lagoon at Taylor Creek in Ft. Pierce or into C-24

The CORPS & SFWMD Control the Canals

All of the canals are controlled by gated spillways that open from the bottom. The combined discharge capacity of C-44, C-23, and C-24 is 26,000 cubic feet per second. A level as low as 2,500 cfs is harmful to the estuary, according to South Florida Water Management District studies. This means the canals can dump more than 10 times the harmful levels of fresh water into the River.

The result is a lot more water, and a lot more water-borne sediments and nutrients, than the St. Lucie River can accommodate without serious harm. Smaller quantities of freshwater could be absorbed by a healthy estuary, but the River has not been healthy for decades. Now it is in critical condition, and the wild swings in salinity and turbidity caused by canal discharges repeatedly stress the life left in it. Parts of the River are essentially "dead."

The Florida Department
of Environmental Protection
has measured higher
suspended solids concentrations in canal
C-23 discharges to the Estuary than would
typically be found in raw sewage
prior to treatment.

The lock and dam controlling discharge for the C-44 Canal have been the focus of much of the physical damage to the River over the years. After this structure was constructed in the 1930's and subsequently improved in the 1940's, it allowed the flood waters of a series of heavy rain events in South Florida to be diverted through the St. Lucie estuary system, which received the brunt of the impact.

Natural Drainage Area

Man-made Drainage Area The major canals & the smaller ones that empty into them drain a large portion of Martin and St. Lucie counties into the estuary.

This makes local land use & stormwater management decisions -- & canal management decisions -- very important to the health of the River.

Why Focus On Canals' See page 19 for answer

Like Rivers, Canals Form Deltas

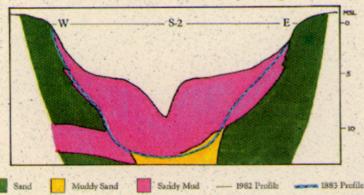
Some may argue that the St. Lucie River would fill in with sediments eventually anyway, so why worry about the sediments entering the River today. But the recent and rapid rate of sedimentation is not at all natural; it is the direct result of the canal system.

20 thousand years ago, the river was a large eroded gully. Due to the ice age at the time, sea level was much lower than it is today. When the glaciers melted, water flooded the valley and natural sedimentation processes began. Most recently, we have experienced additional organic matter sedimentation at a rate that is much higher than in any other period of time.

As a result of a study done by the Department of Geology at the University of South Florida, we have accurate data regarding the amount and types of sedimentation at various cross sectional points along the estuary. These show how sediment is accumulating. The most prominent areas of sediment deposits are near canal discharge areas and in the middle estuary. Looking at specific areas in cross-section more clearly defines present conditions compared to 100 years ago. For example:

In the area just south of the Palm City Bridge, soundings 100 years ago showed the area next to the bridge was 16 feet deep and bowl shaped. Now you can see accumulations of sandy mud and a massive sand bar. The present-day channel through these sediments, which is maintained by dredging, is clearly visible.

Cross Section - Palm City Bridge



These sedimentation patterns indicate that the river is being overwhelmed by the amount of material that is now being introduced into it. Also, the high organic content of these sediments is robbing dissolved oxygen from the water column, and contributing to the obvious decline in water quality.

A related problem is flocculent ooze. Flocculent ooze is very fine particulate matter composed of organic matter and silt. Natural chemical processes cause it to consume the dissolved oxygen in the water and depress water quality. The ooze is resuspended by wind and currents, creating turbid waters which shade out sea grass and smother beneficial animals.

Today, even at its best, the River is host to many species that are highly pollution tolerant.

And after a major canal discharge, even pollution tolerant organisms are reduced in number.

Freshwater Affects Estuary Quality

The sediments are brought to the river by the discharge of large amounts of fresh water, which alters the normal salinity pattern of the estuary. A study completed in 1985 demonstrates the effects of a discharge of 2500 cfs for several weeks from one point source, the C-44 Canal, into the South Fork of the St. Lucie.

After 1 day of discharge, fresh water displaced the normal brackish water of the South Fork.

After 8 days, most of the North Fork was fresh as well. All of the South Fork and Middle Estuary beyond the Roosevelt Bridge were fresh.

After 18 days, fresh water is well past the Roosevelt Bridge and water that is only slightly salty extends down to Sewall's Point.

When the canal discharge was stopped, the return to normal conditions was slow. After 10 days salt water began to come back into the Middle Estuary. Curiously, the North Fork stayed the freshest the longest.

During the study, freshwater pollutant-tolerant organisms, that under normal conditions are not present in the river, became common.

Even when the discharge from C-44 is reduced to only 1,000 cfs, the effect on the river's normal salinity distribution was significant. And C-44 is designed to discharge up to 16,000 cfs.

SFWMD has numerous water quality monitoring stations, which record conditions every two weeks. The amount of dissolved oxygen in the water column is a good indicator of overall water quality. Without adequate dissolved oxygen, many desirable species of River life cannot survive, and either die or migrate to healthier areas. The level of dissolved oxygen improves as one moves away from the areas affected by canal discharges.

Phosphorus is a naturally occurring nutrient that becomes harmful at higher concentrations. Phosphorus at high levels is responsible for such occurrences as algae blooms, which stress the ecosystem. The federal government recently sued the State of Florida for discharging water with excessive phosphorus levels into the Everglades. Estuaries are not protected to the standards of the Everglades, but it is noteworthy that the phosphorus in canal discharges to the Estuarty regularly exceeds the Everglades standard by 6 to 10 times.

of removing it from the River sends chills up the regulators' spines, then why isn't a permit required when an agency puts ooze



De-oozing It.

Ooze -- also known as muck, sediments, and that slimystuff that squashes between your toes -- is choking out seagrasses and other bottom life in the St. Lucie River. It has driven away many of the species that eat the seagrasses, like juvenile fish and manatees.

Dubbed the "blanket of death" by one scientist, ooze covers the bottom and floats in the water, blocking sunlight and using up the dissolved oxygen in the water that fish need to breathe. The combination of ooze and muddy sand covering the bottom is shoaling in the River, creating sandbars, and decreasing aquatic habitat.

Three major issues define the problem:

- · Cost
- Technology
- Permitting

We need a reasonably-priced means to remove ooze ove a large expanse.

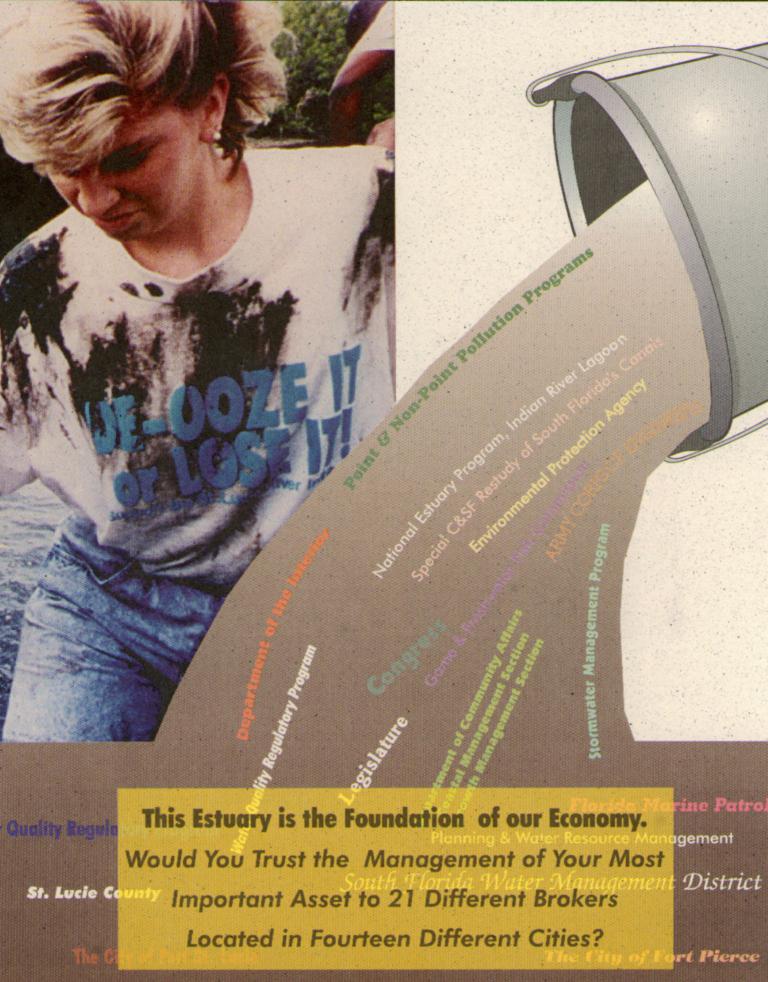
We need technologies that will do little damage during poze removal, and leave the bottom in a condition that can support the re-establishment of healthy estuarine life -- seagrasses, oysters, clams and fish.

Permitting agencies are reluctant to allow "disturbance" of the ooze by dredging. We need a permitting climate that recognizes the long-term benefits to the environment of removing the ooze that is killing or driving off all but the most pollution-tolerant species.

One way to balance the cost of ooze removal is to find ways to sell and reuse the ooze.

A MINIMUM of
21 GOVERNMENT
AGENCIES & DIVISIONS "MANAGE"
the ST. LUCIE RIVER & ESTUARY

Why Focus On Ooze



Why Are 21 Responsible Entities A Problem? See page 19 for answer

Fresh Water Can Pollute

When the federal government added the big canals (C-44, C-23, C-24, C-25) to the landscape in Martin & St. Lucie Counties, they changed the way that fresh water from rains moves from land to ocean.

> Because of the canals, our area now receives drainage waters from as far north as Orlando. More water, moving faster, is funnelled through the canals instead of moving slowly across a wide expanse of land. The natural, slow movement allowed much of the water, and many pollutants that it carried, to be absorbed in the ground along the way. The freshwater that gradually reached the River caused relatively mild swings in water quality, and species were adapted to that. Now, drainage of heavy rains causes serious damage. Only now are we beginning to deal with this fact, and attemping to manage the canals differently.

Fresh Water can be a Pollutant in the Estuary.

A little fresh water is good. But too much fresh water becomes a pollutant. The decline of the St. Lucie River has largely been the result of too much fresh water entering the system too fast, bringing other pollutants with it. The additional freshwater discharged into the River has ruined its ability to provide a stable habitat for seagrasses, oysters, manatees and many desired species of fish.

Most fish, seagrass, and other marine life prefer a stable habitat -- either saltwater or freshwater. In estuaries, where fresh inland water meets the saltier ocean water, the result is a mix, called brackish water. The salt content in healthy, brackish, estuarine water naturally varies within a certain normal range. There are species of marine life that are adapted to these relatively mild changes from more to less salty and back. On occasion, nature sent a huge rain that caused a major swing in salinity, but this was a relatively rare occurrence, and one that a healthy estuary recovers from rapidly.

Because the canals funnel so much more fresh water to the River than nature did, those rare heavy swings in salinity level have happened much more often, and have lasted for longer periods of time. For weeks at a time during rainy season, the River is completely fresh, and the brackish species are driven out--if they can move. This mean fish migrate to saltier areas. Some species, like clams, oysters, and seagrass, can't move. They die.

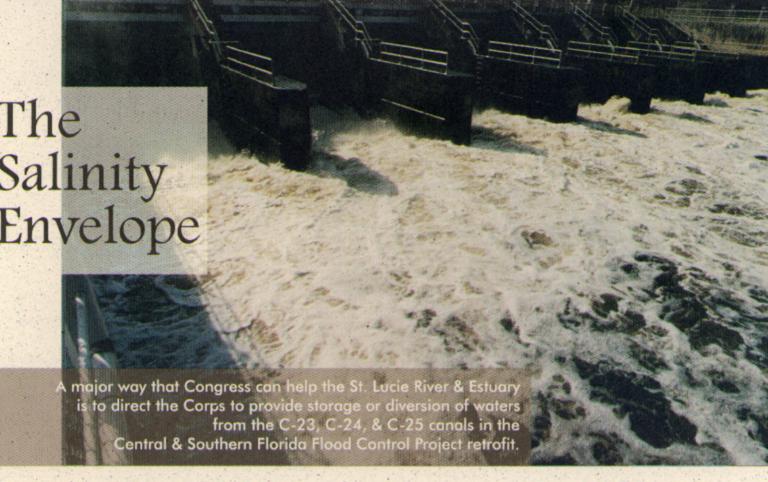
The Federal Government Planned Freshwater Storage

The original plans for our area of the Central and Southern Florida Flood Control Project included a connection to Lake Okeechobee for storage of excess fresh water from the canals C-23, C-24 and C-25. This would have offered some protection for the Estuarty, allowing reduced or more gradual release of drainage. This storage connection was never built.

The U.S. Army Corps of Engineers & South Florida Water Management District are testing a slow release program in the C-44 Canal (St. Lucie Canal) that holds promise for aiding the Estuary's health. The water is held in Lake Okeechobee and released over weeks instead of days after heavy rains. they lack storage facilities

How Can Freshwater Be A Pollutant?

See page 20 for answer



Water Quality Standards: From Cumbersome to Effective

For years, the health of estuaries in the United States has been measured with an awkward yardstick. These brackish waters -- a mix of salt and fresh that vary by local conditions -- have been monitored using freshwater standards. In the case of the St. Lucie River, major damaging trends were obscured while regulators looked at the wrong kinds of numbers.

In recent years, scientists at the South Florida Water Management District have tested a new way of measuring the health of the St. Lucie Estuary. They call it the "salinity envelope" and in simple terms, it defines just how much fresh water can be introduced into the brackish estuary, before ecological harm is caused.

The lack of practical water quality standards for managing estuaries has hampered efforts to help the St. Lucie. South Florida Water Management District's "salinity envelope" offers a practical and effective management tool to get to the root of the problem. Salinity is easy to measure, relatively easy to model, and can substitute for many of the more esoteric and "arguable" water quality parameters.

2-for-1 Benefits: Slow the Water & Less Ooze Reaches the River

The salinity envelope management approach has a second feature to commend it. Since it accounts for the speed of freshwater released, it can indirectly control the amounts of sediments and nutrients coming into the River. Under the current, inadequate management regime, fast-moving water carries large deposits of sand, silt, organic matter, and fertilizers and pesticides.

Progress Report

Despite government's slow pace, community concern is making a difference.

Increase in lake's level just a glitch water rounagers have Water level in take sely monitoring when goes down slowly Water managers say early summer with the Sven with little or no rain ex-

The volume of war

Jackie Cartwrigh rological technicia tional Weather S

bourne, said toda

rain is expected a mee River. There chance of shower

ause sand shoalir

ade it appear the STORMWATER MANAGEMENT

- Local governments have made major strides organizing & implementing stormwater utilities.
- Port St. Lucie has a strong program that improves water quality from developed areas.

a computer adjustment

- Martin County has adopted a St. Lucie River amendment to its growth management plan; begun developing a stormwater program; & included extra drainage features in recent road projects to fix existing water quality problems in surrounding areas.
- Stuart has started a stormwater program. Local creeks are being cleaned up and new management practices put in place.
- The town of Sewalls Point has started a stormwater discharging 2,500 cubic makes its way to the St. Lucie Canal. The ganal conn program.
- St. Lucie County, which has a solid stormwater 10 the St. Lucie River. plan, has intelligently tapped state and federal funds to improve water quality in smaller canals the otherwise brackish e before the water reaches the major canals.

 Ary fresh, killing plant life truthing off animals that reaches the City of Fort Pierce is helping with Moores Creek, ally brackish estuary was

The local media have made the St. Lucie's health a prominent issue mich could mean a slowdown in

water pouring into Lake Okeechobee and good news for the St. Lucie River.

The St. Lucie receives large discharges of water from the labe

ay summer ab pected over Lake Okeechobee started which is ab pected over Lake Okeechobee some this time of year thought Sunday, it will be slow at this time of year the swollen lake's at this time of year the swollen lake's at the same passage level, water managers say CANAL DISCHARGES

The U.S. Corps of Engineers and the South Florida Water Management District have the greatest responsibility.

- In the C-44 Canal, the Corps is trying to release heavy rains more slowly, to better mimic nature.
- Two agencies are reviewing the practice of chemical aquatic weed control, which creates more organic sediments as the dead weeds settle on the cana and estuary floors. Mechanical harvesting is also being tested.
- Possible diversion of fresh water from the C-44 to the Everglades and Florida Bay instead of the estuary is being studied.
- Fresh water from the C-23, C-24 & C-25 also could be diverted. Or storage, a common feature of most major canals, could be added.
- Better identification of problems and funding sources is underway. Community concern helped protect the funding for these crucial early steps
- The revised Indian River Lagoon Surface Water Improvement & Management Plan includes a new St. Lucie Estuary section, and ranks the estuary as a top priority. This section highlights the harm caused by the C-44, C-23, C-24 and C-25 canals, caused by the C-44, C-23, C-24 and C-23 cands, and lays the groundwork for solving these problems. logs the leases stoppe

OOZE REMOVAL

The Initiative's motto "De-Ooze It or Lose It" has sparked a debate over these harmful sediments.

Attack the causes first, or remove the ooze that's already there, smothering seagrass and driving off fish? Government agencies prefer to attack causes first -- to stop creating new ooze.

- The result: Advances in stormwater management, canal management, and water quality standards, outlined on this page.
- So far, no removal.
- The issue has been the rallying point for the public. Anybody with eyes and a nose can tell something's wrong with the River. It's a potent reminder that what's been done to date, is not enough.

to ease pressure WATER QUALITY STANDARDS

In the long run, one of the great strides forward for the St. Lucie may come from this somewhat obscure arena.

- The old water quality standards for River & Estuary health just don't work -- and in fact, mask many of the problems caused by canal discharges of fresh water.
- A new standard is being developed, one which puts the emphasis on how much fresh water is coming into the saltier Estuary, and how fast: The Salinity Envelope.

Are We Making Progress See page 19 for answe

1994 CONGRESS & CORPS:

Fix the C-23, C-24, & C-44 Canals as part of the Central & Southern Florida Flood Control Project

THE

ST. LUCIE

RIVER
INITIATIVE

July 15, 1994

Mr. Stuart Applebaum C&SF Study Section Jacksonville District, U.S. Army Corps of Engineers PO Box 4970 Jacksonville FL 32232-0019

Dear Mr. Applebaum,

Thank you for the informative account of the public meetings last December on the Corps' restudy of the Central & Southern Florida canal system. We appreciate the inclusion of C-44, C-23, C-24 & C-25 as problems.

We believe that the Corps and the South Florida Water Management District are on the right track with their work in Lake Okeechobee and C-44 with regulations schedules, and that the Restudy team already is placing significance on those issues. We therefore will take this opportunity to highlight the issues and needs associated with the C-23 & C-24 canals, which should be included as even greater problems than the C-44. We also will highlight the appropriateness of resolving these issues through the C&SF Restudy. Please consider this letter our formal request, and as a written contribution to the second round of meetings, held in June.

The significance of C-23 and C-24 has emerged only in the last year or two. Even now, most users of the River seem to have a quaint jumble of ideas -- first they think the poor quality of River water is caused by Lake Okeechobee discharges and second, that those discharges are controlled by the Water Management District. Part of our local educational effort is to clarify the roles of the District and the Corps, and also to point out the vast improvement in the Lake regulation schedule made since 1978, and the hope for still further and greater benefits that appear to lie in the new schedules that the Corps is now studying. The Initiative is trying to direct agency and public attention to the C-23 and C-24 canals, which are managed by the District.

Our greatest concern now is the discharge, into our River, of rural stormwater through C-23, C-24 and C-44.

For C-23 and C-24, the District established daily flow readings in 1992. For 1992 and 1993 we have calculated from these readings an input of 350,000 acre-feet each year for the two canals together. In contrast, the input to the River from C-44 was about 200,000 acre-feet for each year. Of this, about half came from Lake Okeechobee, and half from rural stormwater entering between Port Mayaca and the St. Lucie Locks (S-80). For the two years of above-average rainfall, the rural stormwater totalled 450,000 acre-feet. The Lake supplied 100,000 acre-feet.

St. Lucie River Initiative, Inc.
Reply to C&SF Restudy Green Questionnaire
July 15, 1994
Page 2

The high pulsing inputs of stormwater have two bad effects: 1.) They cause large swings in the salinity of the River that make the waters inhospitable, or even unlivable, for finfish, shellfish, and grasses. 2.) They bring in suspended particles that deposit on the River bottom as a noxious ooze, or remaining suspended, cause a severe turbidity.

The local office of the Florida Department of Environmental Regulation has documented suspended solids concentrations of over 200 mg/l in discharges from the C-23 canal. These numbers reflect organic matter concentrations higher than typical raw sewage INFLUENT into municipal sewage treatment plants. Yet every time these canals fill with rain, we allow this to flush into our estuary.

These problems and some possible solutions are discussed in the Indian River Lagoon SWIM Plan, Appendix I, 1994. This document also presents a number of other actions that will help the estuary recover diversity and environmental integrity. These actions are underway with implementation of stormwater utilities and local water management plans at City and County levels, and with SFWMD salinity modeling of discharges from North and South Fork basins as well as the major canals. However, the ACOE restudy may be our only opportunity in the next decade for dealing with the large-scale canal/basin/water conservation issues which we at the local level cannot hope to address without your help.

The enclosed report developed for the St. Lucie River Initiative discusses C-23 and C-24 flow inputs. (This report was presented in March to the Science SubGroup of the South Florida Ecosystem Restoration Federal Task Force. A number of the issues regarding C-23 & C-24 were discussed at that forum.) We would be glad to supply the daily flow readings for these canals and C-44, if you wish. We also would be happy to provide other comments or material that will ensure that your Restudy addresses rural stormwater runoff through C-23, C-24 and C-44.

Very truly yours,

Max Quackenbos Board Member St. Lucie River Initiative, Inc.

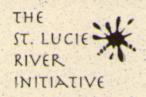
1995

CONGRESS & CORPS:

Fix the C-23, C-24, & C-44 Canals as part of the Central & Southern Florida Flood Control Project

GOOD NEWS!!!

The Initial Reconnaisance Report from the U.S. Army Corps of Engineers on the Central and Southern Florida Project includes the concepts and projects needed to restore the St. Lucie Estuary to health and prosperity.



The St. Lucie River Initiative applauds the decision of Congress to authorize the Army Corps of Engineers to reexamine the Central and Southern Florida (C&SF) Project. The C&SF Comprehensive Review Study does indeed provide the opportunity to address system-wide water resource issues. We commend the C&SF team on using a systems approach to develop plans for environmental restoration, and on including these two general concepts as integral to any south Florida ecosystem restoration plan:

- MINIMIZING DAMAGING RELEASES OF FRESHWATER FROM LAKE OKEECHOBEE TO THE ST. LUCIE ESTUARY.
- USING RAINFALL BASED DELIVERIES WHICH SCHEDULE MORE NATURAL VOLUME AND TIMING OF WATER DELIVERIES TO NATURAL AREAS AND ESTUARIES.

We further commend the C&SF team on including the following specific project elements as potential solutions for restoration of the Indian River Lagoon and the St. Lucie Estuary:

- ST. LUCIE FLOWWAY TO CAPTURE SOME OF THE C-44 LOCAL RUNOFF NOW RELEASED TO TIDE AND TO DIVERT THE FLOW FOR EVENTUAL USE IN THE EVERGLADES SYSTEM.
- REGIONAL ATTENUATION FACILITIES TO REDUCE FRESHWATER INFLOWS FROM C-23 AND C-24 TO THE ST. LUCIE ESTUARY.
- 3. REMOVING ORGANIC SEDIMENTS FROM THE ST. LUCIE ESTUARY.
- STABILIZING THE ST. LUCIE CANAL BANKS TO REDUCE SEDIMENTS IN THE ESTUARY.

We most strongly urge you, the Congress, to fully support the C&SF Review Study at each stage of the process, and to fund these project elements as soon as they can be implemented in manageable segments as part of the overall plan to restore the ecosystem of the Everglades and Florida Bay.

Old Promises

1953

November 26, 1953

The Stuart News
"Citizens Organize to Fight
Destruction of Waterways"

This (citizens' effort) will include such projects as:

- Ways and means of stopping the discharge of mud into the St. Lucie River.
- Removal of shoals and mud now filling the South Fork bay.
- The placing of proper anti-siltation controls on such projects as C-23, on which improper controls were built and which has resulted in the siltation fill-in of Bessey Creek.
- A survey by competent legal authority to determine the rights of this community to protect and preserve its waterways and secure restoration of damaged areas.
- The stopping of pollution of the rivers in any form, whether by mud, sewerage or the dumping of other wastes.

December 23, 1953

H.W. Schull, Jr., Colonel
District Engineer, Corps of Engineers
in a letter to Senator Evans Crary, Jr., of Stuart

"I do, however, assure you of my interest and efforts in rectification of conditions already experienced, prevention of further undersirable discharge to the maximum extent possible, and an eventual permanent solution to the problem as a part of the Central and Southern Florida flood-control plan. As you may know, that plan has from its earliest inception given consideration to this same problem of St. Lucie Canal discharge."

Citizens' instincts were good in the past. They knew a precious asset was being lost, but the policy makers of the time did not understand that an Estuary could be destroyed by drainage. Ecology was a new science. Natural resources seemed inexhaustable, and the man-made part of the economy was our sole focus.

New Resolve

Today, we understand that the man-made part of the economy depends on matching natural resources. We know what happened to our Estuary, and what it will take to repair the damage. Most importantly, our policy makers today know that investment in a sustainable economy is our best investment. We owe this to our children, and their children.

LETS DO IT NOW!

Answers

Page 2	Why care about the St. Lucie and Indian River? A sustainable economy depends on stable and productive natural systems
Page 3	Who is the St. Lucie River Initiative? Business people, Environmentalists, Government Leaders & A Coalition of Concerned Citizens.
Page 3	Why are all these organizations united? The SLRI brings a common sense approach to a complex environmental and economic problem.
Page 4	Why do we care about an advertisement from 1961? The issues have not changed for decades. Our understanding and ability to address the issues has.
Page 6	Can the decline be reversed? Definitely. The key is concerted effort at each level; local, state, federal. We are doing it at the local & state levels. Will Congress do its part?
Page 7	Why focus on canals? Most of the Federal responsibility lies with regional water movements. This is the area local government needs help with.
Page 8	Why focus on canals? Canals are the continuing source of most of the damage done every year.
Page 9	Why are sediments a problem? They choke the estuary, reduce aquatic habitat, and shade out beneficial seagrass.
Page 10	Why are 21 responsible agencies a problem? When there are too many agencies in charge, no one is responsible or accountable. The cost of regulation increases but the results decrease.
Page 11	Why focus on Ooze?

Day in and day out, ooze is the most harmful constituent in the Estuary. It

burns up the oxygen, clouds the water, and smothers habitat.



Page 12 How can freshwater be a pollutant?

Too little freshwater, or too much freshwater, and the Estuary is too unstable to support a diverse ecosystem.

Page 13 What is a salinity envelope?

Species such as oysters, once common in the St. Lucie must have a stable salinity to survive. The Salinity Envelope defines the upper & lower limits of life sustaining waters for Estuary species.

Page 14 Are we making progress?

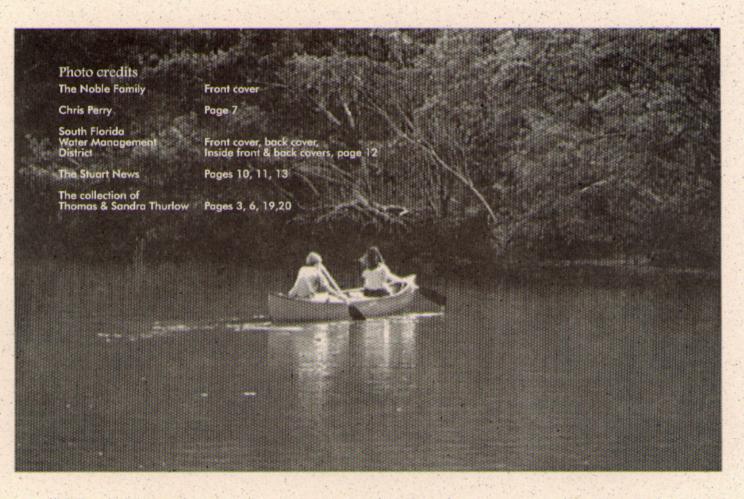
Yes! But more at local and state levels than at the federal level.

Page 16 Are C-23 & C-24 as important as C-44?

Yes! They more frequently disrupt the Estuary than C-44, although large discharges from C-44 are worse when they do occur.

Page 17 What can Congress do?

Direct the Army Corps Of Engineers to design the proposed solutions to the problem, and fund the federal share.



FOR MORE INFORMATION

The following documents are available from the St. Lucie River Initiative, Inc., P.O. Box 2082, Stuart Fl. 34995-2082, or 407/287-8158:

- The C-23 & C-24 Canals, A technical paper describing canal structure, management, and impacts on the St. Lucie River & Estuary, written by Max Quackenbos for the St. Lucie River Initiative, Inc., December 1993. Presented on March 22, 1994, to the Science Subgroup of the Federal South Florida Ecosystem Restoration Working Group, meeting in Vero Beach, Florida.
- The St. Lucie River Amendment for Local Government Comprehensive Growth Management Plans, which
 outlines the role of local government in improving and properly managing the River & Estuary.
- Issues of the St. Lucie River Initiative's periodic newsletter, THE MUCKRAKER.

Additional information regarding the River and Estuary is available from:

- The South Florida Water Management District, office of the Indian River Lagoon SWIM Plan Coordinator, PO Box 24680, West Palm Beach, FL 33416-4680 (407/686-8800 or FL WATS 1-800-432-2045).
- The EPA's Indian River Lagoon National Estuary Program office, 1900 S. Harbor City Boulevard, Suite 109, Melbourne, FL 32901-4749 (1-800-226-3747), Available: drafts of the Indian River Lagoon Comprehensive Conservation and Management Plan and supporting documents.

